Adult

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		8.30-9.30am Gov Beach, Coach Darren		6.45-7.45am Gov Beach, Coach Darren	2.30-3.00pm Lions Pool, Coach Jane	10.00-10.30am Lions Pool, Coach Jane
				8.30-9.30am Gov Beach, Coach Darren		
6.00-6.30pm Gov Beach, Coach Jane	8.00-8.30pm Lions Pool, Coach Jane		8.00-8.30pm Lions Pool, Coach Jane			
Class full						

All Classes require pre booking.

8.00-8.30pm classes at the Lions pool will be subject to a minimum number of swimmers.

All Classes are $20 each or $75 for the month.